

EFFORT

Maandag		Dinsdag	Woensdag	Donderdag	Zaterdag
9u					
9u30					BBB
10u					
10u30					
11u					
12u					
13u					
14u					
15u					
16u					
17u					
17u30					
18u					
18u30	BBB	Zumba		Fatburning	
19u			BBB		
19u30	Strength & Dance	Body Sculpt		Pilates	
20u15					
20u30					
21u					
21u30					